



Playing Nice in the Sandbox

GETTING ALONG AND GETTING THINGS DONE



EFFECTIVE COMMUNICATION

Participants will:

- Learn new techniques for results-oriented communication.
- Identify the four most common sources of conflict that damage all relationships.
- Learn to recognize the problem behind the problem.
- Discover how expectations drive our life either in a positive or negative direction.
- Learn a 3-step approach to delivering feedback that's specific, non-accusatory and gets results.
- Determine the most effective and ineffective approaches to communicate with others.
- Understand the critical role of appreciation.

Playing Nice in the Sandbox is a research-based approach to teaching healthy and effective communication skills for groups working together on any project or task.

This workshop will give participants the skills needed to:

- Work more efficiently and successfully as a team.
- Resolve conflict without damaging relationships.
- Preserve and enhance a friendly environment.

The net-net result of strong relationships is a more stable, more productive and more satisfied group.

What the research says:

- Individuals who approach a task in an environment with predominantly healthy relationships are happier and therefore more productive.
- In what has become known as the "spillover effect," healthy relationships at work and church facilitate healthy relationships at home; negative relationships at work or church facilitate negative relationships at home. Skills learned have a positive impact at church, work and at home.
- Healthy relationship and good conflict resolution skills can be learned. That is what this workshop is all about.

The material presented in this workshop is based on the research-based and highly popular relationship education curriculum, PREP. *Playing Nice in the Sandbox* is a program of Right from the Start.

For more information on *Playing Nice in the Sandbox*, or to schedule a workshop, contact John Adams at 706-649-6360, ext. 1258 or jadams@pilink.org. For more information on Right from the Start, visit www.rightfromthestart.org.

